



# ANNUAL REPORT-2020

*Detailed Report of activities carried out during the year 2020*



## MESSAGE FROM PRESIDENT

*I am happy to present the annual report of Anubhuti Shree Foundation for the year 2020. The report covers core activities that are proving their impact and we believe we will do even better into the coming future. As President of Anubhuti Shree Foundation it is an honour for me to offer my thoughts on the organization's current position.*



*Anubhuti Shree foundation is working round the clock to handle numerous challenges in the most efficient manner. This report covers everything we undertook in detail during the year 2020. To summarize the next few pages, I would like to highlight the incredible effort that our team has put in this year to rise up to the call during the testing times of Covid-19. We have held numerous awareness camps and focused on our efforts on menstrual hygiene, women's health, COVID-19 awareness, women empowerment programs and skill development initiatives and so on.*

*I am grateful to all of our collaborators and friends who have put their trust in our abilities. We would like to continue receiving such support.*

REGARDS,

Hercharan Kour (Dimple)

PRESIDENT





## MESSAGE FROM SECRETARY

*Working with an NGO is never an easy task. Couple it with the one working in the field of menstrual hygiene and women empowerment, the task gets more uphill and challenging at the same time. It builds one's character, makes one think out of the*

*box, find unconventional solutions for conventional issues and keep the team motivated.*

*COVID-19 has impacted each and every person around the world. It has made functioning of NGOs even more challenging as funds either dried up or were diverted. This was time to realign the objectives of **Anubhuti Shree Foundation** without straying away from the core mission of empowering women.*

***Anubhuti Shree Foundation**, thus rose up to the occasion and used its experience in different programs for menstrual health, skill development, COVID-19 prevention and women empowerment. **Anubhuti Shree Foundation** is not a large and complex organization. However, it is always striving to build a professional attitude and approach to development. With the help of all those who have put in their trust in the Foundation, we will reach all the milestones within a short span of time.*

*I express a deep sense of satisfaction in being associated with this organization and wish for its success for all the years to come. It is particularly heartening for me to see a number of creative initiatives taken up by our team - making that a relevant tool for women empowerment which enables a woman to make her own decisions and thus lead a good life by example leading to poverty alleviation.*

*REGARDS,*

*Ranjana Patel*  
*SECRETARY*



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## MAJOR ACTIVITIES DURING THE YEAR 2020

### **17/01/2020 Menstrual Health awareness camp at ParriKalan, Rajnandgaon**

A workshop was organised at ParriKalan, Rajnandgaon on 17 Jan'20. During workshop Smt Suresha Choubey, Addl.S.P. (CG Police) & Smt. Hercharan Kour (Dimple) have delivered the awareness speech. Around 150 packets (1200 nos.) Sanitary Pads have been distributed free of cost to girls & womens who were present during this program.

### **27/01/2020 Menstrual Hygiene Workshop at Jamshedpur, Jharkhand**

A work shop on Menstrual Hygiene was organised by Anubhuti Shree Foundation, Jamshedpur Branch at Hindustan Mitra Mandal School, Jamshedpur. During workshop, Smt. Hercharan Kour (Dimple) has delivered the awareness speech. Around 150 packets (1200 nos.) Sanitary Pads have been distributed free of cost to girl students who were present during this program.



### **05/02/2020 Inauguration of Free Stitching Classes at Camp-1 Gurudwara Bhilai**

Free Stitching Classes for marginalised girls & women have been inaugurated by Entrepreneur Shri Pankaj Malviya, CEO & Founder, Pulpstream, USA. Stitching classes will be conducted in batches by Fashion Designer Smt Anuradha Naidu.







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## **06/02/2020 Menstrual Hygiene Workshop at Gadarwara, Madhya Pradesh**

A work shop on Menstrual Hygiene was organised by **Anubhuti Shree Foundation**, Jabalpur Branch at Girls Higher Secondary School, Salichouka, Village-Basuria, Gadarwara, Madhya Pradesh. During workshop Smt. Hercharan Kour (Dimple) has delivered the awareness speech. Around 2500 nos. Sanitary Pads were distributed free of cost to girl students who were present during this program.



## **07/02/2020 Menstrual Hygiene Workshop at Jabalpur, Madhya Pradesh**

On 7th February two Menstrual Hygiene workshops were organised for girls students at Jabalpur. 1st one at Girls Higher Secondary School, Govindganj & 2nd at Ghamapur. During workshop Smt. Hercharan Kour (Dimple) had delivered the awareness speech. Around 2500 nos. Sanitary Pads have been distributed free of cost to girl students who were present during this program.

## **07/03/2020 Women's Day 2020**

On 7th March 2020, Foundation celebrated women's day with daily labours gathered at Maroda Station Area. On this occasion, menstrual hygiene awareness speech was delivered by president Smt. Hercharan Kour (Dimple). Also 1600 sanitary pads alongwith sweet packets were distributed free amongst gathered labours.







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## **14/03/2020 Workshop on Menstrual Hygiene at Ganiyari & Morid Village**

Workshop on Menstrual Hygiene was organised at Village Morid & Ganiyari under joint aegis of NSPCL Arushi Ladies Welfare Club. On this occasion, menstrual hygiene awareness speech was delivered by president Smt. Hercharan Kour (Dimple) & President Arushi Club.

Over 3000 sanitary pads were distributed amongst women's and girls of the village.



## **03/04/2020 Covid-19 Help to Immigrant Labours, Gadarwara**

26 pravasi mazdoor (Immigrant labourers) were given food and shelter at Gadarwara, Gram Shalichoka, Madhya Pradesh. It was the times when many labourers were traveling back home by whatever means possible and were often with small children and not much arrangements due to nationwide lockdown.

## **03/04/2020 Covid-19 Pandemic- help to Resident of Banjara Basti, Bhilai**

On 3rd April 2020, itself milk packets were distributed to children of Banjara Basti, Bhilai on their demand. Same occasion was used to create awareness about menstrual hygiene, proper use of facemasks and sanitizing hands. A total of 1600 sanitary pads and 100 facemasks were also given free to people.

## **05/04/2020 Covid-19 Awareness & Workshop on Menstrual Hygiene at Camp-1, Bhilai**

Approximately 400 sanitary pads were distributed to women and girls in Camp-1, Bhilai on 5th April 2020. Importance of maintaining menstrual hygiene in times of COVID-19 was also explained to them and they were taught right way of using facemasks.

## **05/04/2020 Covid-19 Awareness & Workshop on Menstrual Hygiene at Sector-7, Bhilai**

On 5th April 20, itself 1600 sanitary pads and 100 facemasks were distributed in Sector-7, Bhilai to educate people about importance of using face masks to avoid spread of COVID-19. Same day 100 facemasks were again distributed in Banjara Basti, Bhilai.

## **07/04/2020 Covid-19 Awareness & Workshop on Menstrual Hygiene at Sector-2, Bhilai**

COVID-19 Awareness campaigns were continuously carried out in various areas of Bhilai and 100 facemasks were distributed free on 7th April in Sector-2 area, Bhilai.



## 12/04/2020 Covid-19 Pandemic - Grocery for 35 needy family Bajara Basti



During the Covid-19 pandemic grocery for one month alongwith face masks and sanitary pads have been distributed to needy 35 families residing at Banjara Basti, Bhilai, Chhattisgarh. People of Banjara Basti are mostly daily wage earners and their livelihood was very badly affected amidst lockdown. Even day to day survival was under threat as most of them are below poverty line. Over 3000 sanitary pads have also been distributed among the women and girls.



## 21/04/2020 Covid-19 Pandemic - Free Distribution of Sanitary Pads

Considering the situation of Corona Pandemic, **Anubhuti Shree Foundation** had provided 1600 sanitary pads to Counsellor Shri Laxmi Pati Raju for free distribution amongst marginalised needy womens.

## 22/04/2020 Covid-19 Pandemic - Grocery for Migrants

**Anubhuti Shree Foundation** & M.J. College jointly arranged grocery for migrant & Destitute people residing in Bhilai Municipality shelter home at Priyadarsini Parisar. Sanitary Napkins were distributed amongst needy women.

## 25/04/2020 Covid-19 Pandemic - Free Distribution of Sanitary Pads & Facemask at Rajandgaon

800 pads were given to the sanitary workers (women) working at garbage collection centers at Rajnandgaon on 25th April 2020. These women collect garbage from door to door and process it at different centers area wise. They were at maximum risk of getting COVID-19 as they collect garbage. Free masks were also given to them and the importance of using masks properly was also explained to them.







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## **01/05/2020 Covid-19 Pandemic - Preparation of Face Mask for free distribution**

**Anubhuti Shree Foundation** had started stitching of Face Mask from reusable old cloths after property sterilising them. These face masks were being prepared by needy women who are paid remuneration for this thus enabling them to earn the dignity.

## **12/05/2020 Covid-19 Pandemic - Free distribution of Face Mask**

500 facemasks were given to local battalions of ITBP, which they not only used for their personnel but also to villagers in their area. The gesture was well appreciated by them.

## **17/05/2020 Covid-19 Pandemic - Free distribution of Sanitary Pads & Face Mask**

Continuing the efforts, another 700 facemasks were handed over to battalion 40 of ITBP Battalion, along with 800 sanitary pads for distribution during Aid to civilians and confidence building programs with the villagers they are deployed in .

## **18/05/2020 Covid-19 Pandemic - Free distribution of Sanitary Pads & Face Mask**

700 number hand made Face Masks and 800 numbers Sanitary Pads have been handed over to ITBP 40 Battalion for distribution in Naxal prone remote areas of Chhattisgarh.

## **19/05/2020 Covid-19 Pandemic-Free distribution of Sanitary Pads & Face Mask, Raipur**

Foundation reached out Migrant labour camp at Tatibandh, Raipur. Over 100 facemasks and 2000 sanitary pads were given to migrating labourers free of cost. There was a huge demand for sanitary pads for women folks moving back home during the pandemic.







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## **20/05/2020 Menstrual Hygiene Workshop & Free distribution of Sanitary Pads & Face Mask**

A workshop to create awareness and provide access to clean menstrual hygiene was held at various Garbage clinics of Rajnandgaon. The sanitary workers of Rajnandgaon municipality attended it in large numbers. A total of 1600 sanitary napkins and 100 face masks were given free to them to promote the usage.

## **27/05/2020 Covid-19 Pandemic - Free Distribution of Sanitary Pads & Face Mask**

Keeping in view the rising cases of COVID-19, there was continuous effort by the foundation to spread awareness about how to prevent it. People who could not afford to buy masks were given free face masks and guided on correct use of it. Areas like Kosanagar, saamudayik bhawan (community centre), and mitanin (midwives/ primary health care workers) of health department were given face masks and sanitary pads.

## **28/05/2020 Covid-19 Pandemic - Free Distribution of Sanitary Pads**

In the same series a large number of sanitary pads, face masks, water bottles, food were distributed to migrating labourers, women, and children, rainbasera (night shelters), people living in below poverty line communities in Rajnandgaon, Durg and Bhilai on 28th May 2020. It is worthwhile to mention here that full precautions were taken by all volunteers.

## **08/06/2020 Covid-19 Pandemic - Free Distribution of Face Mask to children**

**Anubhuti Shree Foundation** tried to contribute where ever and whatever need was felt in the society. There was a demand for small size facemasks for children as ill-fitting ones were not giving proper protection. Hence special facemasks were stitched for children in the tailoring/ sewing centre run by **Anubhuti Shree Foundation**. These masks were distributed to children of Odiya basti.

## **09/06/2020 Covid-19 Pandemic - Free Distribution of Face Mask**

Facemasks were also given to laborers working on essential services on model town street, Bhilai on 9th June 2020. These are the people who were at maximum risk but had to still continue to keep essential services working during the pandemic. In a way it was helping the helpers.

## **10/06/2020: Free Distribution of Sanitary Pads & Face Mask**

**Anubhuti Shree Foundation** distributed face masks and sanitary pads at Shreeram Heights, Bhilai. Aim of free distribution is to encourage more and more people to start using the face masks and promote usage of biodegradable sanitary pads and ensure hygiene during menstruation.

## **11/06/2020: Free Distribution of Face Mask**

Naxal affected area, Churia, was chosen to distribute facemasks. Awareness about correct usage was also spread and the villagers were made to realise the importance of facemasks by demonstration.





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## **12/06/2020 Covid-19 Pandemic - Free Distribution of Face Mask**

Various print media of Durg-Bhilai, joined hands with **Anubhuti Shree Foundation's** efforts to create awareness about COVID-19 and Foundation gifted them face masks which they distributed in their offices.

## **14/06/2020: Workshop on Menstrual Hygiene, distribution of Sanitary Pads & Face Mask**

Another awareness camp was organized in Borsibhata- Ward 50, on 14th June 2020 and around 100 face masks and 800 sanitary pads were distributed free of cost.

## **17/06/2020 Covid-19 Pandemic - Free distribution of Face Mask**

Newspaper hawkers of the city, who were also under maximum threat due to COVID-19 were given facemasks and an appeal was made to them to make proper use of these masks. A total of 1200 masks were given away to them.

## **24/06/2020 Covid-19 Pandemic - Free distribution of Face Mask**

On 24th June, distribution was made at LIC Office Civic Center branch and Bhilai Nagar Nigam i.e municipal corporation of Bhilai. Over 150 masks were distributed free of cost. The importance of face masks cannot be overemphasized during these testing times.

## **26/06/2020 Covid-19 Pandemic - Free Distribution of Sanitary Pads & Face mask**

Another distribution was made at Mahila Sakhi Saheli Samiti, Durg on 26th June 2020 to all the women working there. Sanitary pads and around 100 facemasks were distributed.

## **06/07/2020 Foundation Day Celebration**

On 6th July, **Anubhuti Shree Foundation** celebrates its Foundation Day. To celebrate its 4th Foundation Day, **Anubhuti Shree Foundation** held many programs in Bhilai. First in the series was to give free raincoats to the safai karmchaari (the garbage collectors). Overall 250 good quality raincoats were given to as many garbage cleaners across the city. This was very helpful to them specially with rains approaching.



The next stop was at Aastha Old Age home of Bhilai. The members of the Foundation visited the old age home and spent some time with the residents. We played some games with them and listened to their life stories. The visit ended with distribution of snacks for the old people.

In another program, around 200 women labourers of Bhilai Steel Plant were given sanitary pads and made aware of importance of using pads and their safe disposal. These pads are bio degradable, they can be easily disposed of.





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## **23/08/2020 Covid-19 Pandemic Awareness & Free distribution of Sanitary Pads, Jabalpur**

In collaboration with Narmada Yuva Sangathan, a program was organized by **Anubhuti Shree Foundation** at Nehru Nagar Slum Area in Jabalpur. During this 250 facemasks and 1600 sanitary pads were distributed and awareness created.

## **02/09/2020 Covid-19 Pandemic - Free Distribution of Face Mask**

Anganwadi Mahila kaaryakarta (childcare women workers) were given 50 face masks. During the pandemic, the workers were going home to home to distribute dry ration for registered children and facemask is their primary means of safety precaution.

## **07/09/2020 Covid-19 Pandemic - Free Distribution of Face Mask**

On 7th Sep 2020, 500 facemasks were given away in Skand Ashram, Bhilai. 200 facemasks were distributed to people working in Dainik Bhaskar (Daily newspaper) on 17th of Sep 2020.

## **19/09/2020 Covid-19 Pandemic - Free Distribution of Face Mask at Rajnandgaon**

On 19th Sep 2020, 100 facemasks were given to the 38 CG NCC battalion, Rajnandgaon as a gesture of help during the pandemic.

## **09/10/2020 Workshop on Menstrual Hygiene, distribution of Sanitary Pads & Face Mask**

Another round of menstrual hygiene workshop and COVID- 19 awareness camp was held at Ruabandha Basti in Bhilai. A total of 1600 pads and 250 facemasks were distributed. The workshop was held keeping COVID-19 precautions in place.

## **14/10/2020 Covid-19 Pandemic - Free Distribution of Sanitary Pads & Face Mask**

Over 1600 sanitary pads and 200 face masks were distributed at Shahri Aajivika Mission Kendra, Urban Livelihood Mission Centre Power House, Bhilai.

## **30/10/2020 & 31/10/2020 Menstrual Hygiene Workshop at Jamshedpur**

A workshop was organised at TATA Motor Nursery at Jamshedpur. The women laborers and young girls were given around 1600 sanitary pads 100 facemasks.

Another awareness camp about menstrual hygiene and safety precautions during COVID-19 was held at Flora Horticulture Nursery, Telco, Jamshedpur.

Many questions related to women's health and menstruation by the girls were answered.







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## **12/11/2020 Deepawali Celebration at Rajnandgaon / Jamshedpur / Salichowka Jabalpur**

The garbage collectors and the residents of Leper Colony of Rajnandgaon, were distributed fruits, sweets, candles and facemasks to mark the auspicious occasion of Diwali. There are approx. 100 families staying in the housing complex specially built for the people suffering from Leprosy so that they can celebrate Deepawali.



100 packets of fruits and sweets were distributed to children at Jamshedpur TRF Ladies Association (Akshara School) in Jamshedpur, Jharkhand on the occasion of Deepawali.

Over 100 packets of sweets and fruits have been distributed at Salichowka Gadarwara in Jabalpur on the occasion of Deepawali.

## **29/11/2020 Covid-19 Pandemic - Face Mask for Traffic Warriors**

As the traffic department was doing great job in managing crowds not only on roads but also in public places, a total of 500 face masks were given for the use of Yatayaat Vibhaag personnel (Road Traffic Office).

## **04/12/2020 Menstrual Hygiene Workshop-Free Distribution of Sanitary Pads & Face Mask**

A menstrual Hygiene awareness camp was held at Ruabandha Basti, Risali, Bhilai Over 100 facemasks and 800 sanitary pads were distributed.





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## **31/12/2020 Menstrual Hygiene Workshop at Madanwada, Rajnandgaon**

In one of the highlights of **Anubhuti Shree Foundation**, the Foundation collaborated with the Indo Tibetan Border Police (ITBP) deployed in hard Naxal Hit areas of Rajnandgaon and organized an awareness camp for the Tribal village in Madanwada, Rajnandgaon. The village has very less connectivity and under a lot of Naxal Threat. The village women who came for the weekly market were made aware about the sanitary pads and importance of using them to avoid gynaecology issues later in life. A lady medical Doctor was with us to help connect with the local population. Around 800 sanitary pads and 250 face masks were distributed.



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